

PLANT-BASED MENU

APPETIZERS

BRUSCHETTA POMODORO

Toasted Calabrese bread with olive oil, garlic, tomatoes, basil
11.50 / add mozzarella 3.85

CAVOLFIORRE AFFUMICATI

Smoked cauliflower, lightly floured and fried, plant-based aioli 15.00

PIZZA

PLANT-BASED PIZZA MARGHERITA

San Marzano D.O.P. tomato sauce, plant-based mozzarella, basil 18.95

PLANT-BASED PIZZA IOSA

San Marzano D.O.P. tomato sauce, plant-based mozzarella, mushrooms, artichoke hearts, black olives 21.50

PLANT-BASED SAUSAGE PIZZA

San Marzano D.O.P. tomato sauce, plant-based mozzarella, fennel sausage, roasted red peppers, basil 24.50

PLANT-BASED PIZZA MARINARA

San Marzano D.O.P. tomato sauce, herbs, garlic (no cheese) 14.85

PLANT-BASED CAESAR **contains nuts*

Crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese and croutons 14.75 / add avocado slices 2.95

PLANT-BASED PIZZA VARESE

San Marzano D.O.P. tomato sauce, plant-based mozzarella, roasted red peppers, grilled zucchini, oregano, arugula, black olives 22.50

PIZZA VEGANO

San Marzano D.O.P. tomato sauce, plant-based mozzarella, grilled zucchini, grilled eggplant, roasted red peppers, arugula 21.95

PLANT-BASED PIZZA RAPINI

San Marzano D.O.P. tomato sauce, garlic, oregano, rapini, caramelized onions, peperoncino (hot peppers), extra virgin olive oil (no cheese) 18.50

*add to any pizza: plant-based fennel sausage 6.95 / add mushrooms 3.75 / add black olives 2.95 / add green olives 3.25
substitute: gluten-free crust add 4.50*

PASTA

SPAGHETTI E RAPINI **contains nuts*

Rapini, chilli flakes, aglio e olio, plant-based parmesan 18.95

PENNE PRIMAVERA

Tomato sauce, zucchini, peppers, spinach, broccoli 19.95

SPAGHETTI ALLA TRAPANESE **contains nuts*

Basil and almond pesto, tomatoes, plant-based parmesan 22.50

PENNE ALLA NORMA **contains nuts*

Eggplant, cherry tomatoes, garlic, chillies, red wine, tomato sauce, plant-based parmesan cheese 21.85

PENNE ALL'ARRABBIATA

Spicy tomato sauce with garlic, hot peppers 18.50

PLANT-BASED ORECCHIETTE RAPINI E SALSICCIA

**contains nuts*

Rapini, fennel sausage, caramelized onions, chilli flakes, garlic, extra virgin olive oil, plant based parmesan 23.95

RAVIOLI

Pasta stuffed with asparagus and white bean, tomato sauce 25.50

add to any pasta: plant-based fennel sausage 6.95 / substitute: gluten-free pasta add 3.25

SECONDO

CAVOLFIORRE ALLA PARMIGIANA

Breaded cauliflower steak, lightly fried, tomato sauce and plant-based mozzarella, spaghetti with tomato sauce 26.00

PLANT-BASED MEATBALLS

Three house made Impossible meat, breadcrumbs, and garlic meatballs, tomato sauce, basil, crostini 16.95

DESSERT

VEGAN CHEESECAKE **contains nuts*

Ask your server for today's selection P/A

 **IL FORNELLO** 

Oakville