

ANTIPASTI

OLIVES

Warm mixed olives with garlic & chillies 8.85

CALAMARI FRITTI

Crispy fried calamari with lemon caper aioli & marinara sauce 14.95

MUSSELS

In a spicy tomato broth OR a white wine garlic broth 16.95

FRIED BOCCONCINI

Lightly breaded & fried baby mozzarella balls with house-made tomato red pepper jam 11.95

ANTIPASTO PLATE

Prosciutto, spicy salami, asiago, grana padano, warm olives, crostini 19.95

INSALATE

MISTA SALAD

Mixed greens, tomatoes, cucumber with a white balsamic honey vinaigrette 9.00 / 12.00

CAESAR SALAD

Crisp romaine, creamy caesar dressing, parmesan & croutons 10.75 / 16.35

AVOCADO CASHEW CAESAR

Crispy romaine with an avocado, cashew, lemon based dressing topped with our own plant-based parmesan cheese *contains nuts 10.75 / 16.35

add: bacon 2.50 / 6 oz. grilled chicken breast 6.95 / grilled salmon 11.95 / anchovies 2.10 / shrimp (4) 4.15

MAINS

SALMON

Grilled Atlantic salmon, fingerling potatoes, seasonal vegetables & lemon caper aioli 25.25

LAMB SHANK

Braised New Zealand lamb shank with pan jus, seasonal vegetables, garlic mash potatoes 25.95

ARANCINI

Four arborio rice balls filled with ricotta & spinach fried then finished with grated pecorino, served with marinara sauce 14.95

GARLIC BREAD WITH CHEESE

Toasted garlic bread with mozzarella 7.95

BRUSCHETTA

Calabrese bread toasted & topped with olive oil, garlic, tomatoes & basil 9.95

with goat's cheese add 2.00 / with mozzarella add 2.00

MEATBALL APPETIZER

Four house-made, wood-oven baked beef & ricotta meatballs, pomodoro sauce, ricotta, basil, served with two pieces of garlic bread 15.95

BEEF CARPACCIO

Thinly sliced beef served with shaved grana padano cheese, truffle aioli & crostini 19.95

ROMA SALAD

Mixed greens, goat's cheese, toasted walnuts, sweet drop peppers, balsamic vinaigrette 10.75 / 16.35

BEET SALAD

Beets, arugula, goat's cheese with a balsamic vinaigrette 10.75 / 16.35

CHICKEN PARMIGIANA

Breaded chicken breast, tomato sauce, mozzarella & parmesan, served on linguini pomodoro 23.95

CHICKEN ASIAGO

Chicken breast stuffed with asiago, spinach & caramelized onions with garlic mash, seasonal vegetables & honey mustard cream sauce 25.25

SMOKED SALMON PIZZA

Smoked salmon, mozzarella, panna di cucina (mascarpone cream), arugula, capers, lemon 17.95

PESTO CHICKEN PIZZA *contains nuts

Olive oil, pesto, mozzarella, cherry tomatoes, grilled chicken, pine nuts 17.95

PASTA

SEAFOOD LINGUINI

Shrimp, bay scallops, mussels, calamari in tomato sauce 24.95

PENNE CAPRI

Grilled chicken, mushrooms, spinach, olive oil, cherry tomatoes, white wine, garlic, parmesan 19.95

LASAGNA

Layered with bolognese sauce, mozzarella, béchamel, tomato sauce 18.95

CHEESE CANNELLONI

Ricotta & spinach filled cannelloni, mushrooms, cream, tomato sauce, parmesan, mozzarella 18.95

PAPPARDELLE WITH ITALIAN SAUSAGE

Broad noodle pasta with crumbled Italian sausage, cherry tomatoes, caramelized onions, olive oil garlic sauce finished with grana padano & arugula 19.95

RIGATONI BOLOGNESE

Tomato, beef & prosciutto bolognese sauce 18.95

SPAGHETTI & TOMATO SAUCE

Our house-made tomato sauce, fresh basil 15.95

SPICY PENNE

Spicy tomato sauce, garlic, chillies 15.95

PIZZA

*our dough is made with 00 flour *contains no dairy*

PIZZA CARNE

Tomato sauce, mozzarella, bacon, sausage, pepperoni, green pepper 15.95

PROSCIUTTO & ARUGULA PIZZA

Tomato sauce, mozzarella, prosciutto, grana padano, dressed arugula 16.95

HAWAIIAN PIZZA

Tomato sauce, mozzarella, pineapple, Italian ham 15.95

CHEESE PIZZA

Tomato sauce, mozzarella 12.95

SAUSAGE PIZZA

Tomato sauce, mozzarella, crumbled Italian sausage, caramelized onions, mushrooms 16.95

VEGETARIAN PIZZA

Tomato sauce, mozzarella, red onion, black olives, sundried tomatoes, spinach 15.95

MUSHROOM PIZZA

Extra virgin olive oil, wild mushrooms, fresh mozzarella, arugula 15.95

BBQ CHICKEN PIZZA

Tomato sauce, mozzarella, slow roasted chicken, chipotle BBQ sauce, roasted red peppers, charred red onions 16.95

PEPPERONI PIZZA

Tomato sauce, mozzarella, pepperoni 15.25

GNOCCHI ASIAGO

House-made gnocchi with asiago cream sauce, spinach & crispy shallots 19.95

SPAGHETTI & MEATBALLS

House-made beef & ricotta meatballs, tomato sauce 18.95

FETTUCCINE ALFREDO

White wine, cream & butter sauce, parmesan, fresh chives 17.95

PAPPARDELLE STEFANO

Broad noodle pasta with slowly braised short ribs in tomato sauce 24.95

LINGUINI POLLO PESTO *contains nuts

Grilled chicken, pesto, cream, cherry tomatoes 20.95

RIGATONI FUNGHI

Wild mushrooms, parmesan, cream sauce 18.95

PENNE ALLA VODKA

Tomato & cream vodka sauce with cherry tomatoes & fresh chives 17.95

BUTTERNUT SQUASH RAVIOLI

Ricotta & squash filled ravioli in a parmesan, squash cream sauce, wilted spinach, crispy sage 18.95

add: crumbled sausage 4.15 / shrimp (4) 4.15 / chicken 4.15 / meatballs 6.95 substitute: cream sauce 2.00 / rosé sauce 1.50 / gluten-free rice pasta 2.00

BACON PIZZA

Tomato sauce, mozzarella, bacon, onions, mushrooms 15.95

PIZZA DIAVOLA

Tomato sauce, mozzarella, spicy salami, basil, chillies, black olives 16.95

MARGHERITA PIZZA

Tomato sauce, fresh mozzarella, fresh basil 14.95

VEGAN PIZZA MARGHERITA

Tomato sauce, plant-based mozzarella, fresh basil 16.95

PIZZA CARCIOFI

Tomato sauce, mozzarella, artichoke hearts, roasted red peppers, black olives, basil 16.95

PREMIUM PIZZA

FIG PIZZA

Mascarpone, prosciutto, figs, shaved parmigiana, honey, arugula 17.95

GORGONZOLA PIZZA

Gorgonzola, pears, caramelized onions, walnuts, arugula 17.95

15% gratuity charge added to groups of 8 or more / Please inform your server of any food allergies - there are nuts on the premises

add

prosciutto 3.25 / spicy salami 3.25 / Italian sausage 3.25 / chicken 4.25 / bacon 3.25 / Italian ham 3.25 / sun-dried tomatoes 3.50 / green peppers 2.15 / olives 2.15 / mushrooms 2.15 / roasted red peppers 3.50 / onions 2.15 / pineapple 2.15 / broccoli 2.15

substitute

gluten-free crust 3.75 / fresh mozzarella 2.25 / goat's cheese 4.25 / plant-based mozzarella 2.00

PLANT-BASED MENU

APPETIZERS

AVOCADO CASHEW CAESAR **contains nuts*

Crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese 10.75 / 16.35

VEGAN ARANCINI

Classic Italian rice balls stuffed with plant-based mozzarella, peas, baked & served with marinara sauce (gluten free) 11.50

PIZZA

VEGAN SMOKED SALMON PIZZA **contains nuts*

Pizza bianco with olive oil, smoked carrot, cashew based cream cheese, capers, red onions & dill 18.25

VEGAN PIZZA BIANCO E FUNGHI **contains nuts*

Pizza Bianco with mushrooms, rosemary, black olives, arugula, pine nuts, truffle oil, cashew cheese sauce 18.25

VEGAN SAUSAGE PIZZA

Tomato sauce, plant-based mozzarella, fennel sausage, roasted red peppers, basil 18.25

VEGAN PIZZA MELANZANE

Tomato sauce, plant-based mozzarella, eggplant, olives, tomatoes 18.25

VEGAN PIZZA MARGHERITA

Tomato sauce, plant-based mozzarella, fresh basil 16.95

VEGAN PIZZA CARCIOFI

Tomato sauce, plant-based mozzarella, artichoke hearts, roasted red peppers, black olives, basil 18.25

VEGAN PESTO PIZZA **pesto contains nuts*

Pesto, plant-based mozzarella, tomatoes, red onions 17.95

PASTA

VEGAN RIGATONI BOLOGNESE

Lentil & mushroom bolognese sauce 20.50

PLANT-POWERED CLASSIC LASAGNA **contains nuts*

Artisanal creamy cashew almond mozzarella, tofu ricotta & kale marinara sauce, plant-based parmesan 20.50

PENNE ALLA NORMA

Eggplant, cherry tomatoes, chillies, garlic, red wine, tomato sauce 18.75

VEGAN AGNOLOTTI

Agnolotti filled with our tofu, cashew based ricotta in a vegan butter sauce with vegetables 20.50

VEGAN SPAGHETTI **pesto contains nuts*

With pesto, cherry tomatoes & vegetables 17.95

PLANT BASED INGREDIENTS

VEGAN BUTTER / refined coconut oil, Ripple pea-protein, olive oil, sea salt, non-GMO soy lecithin

RIPPLE PEA-PROTEIN / pea protein, sunflower oil, organic cane sugar, algal oil, water, contains less than 0.5% of vitamin A palmitate, vitamin D2, calcium phosphate, dipotassium phosphate, sunflower lecithin, natural flavours, sea salt, organic guar gum, gellan gum

SAUSAGE / vital wheat gluten, organic pinto, white or kidney beans, tamari, nutritional yeast, paprika, fennel, red pepper flakes, thyme, oregano, sage, basil, parsley, onion powder, brown sugar

VEGAN PESTO / basil, garlic, walnuts, pine nuts, nutritional yeast, olive oil, lemon

GLUTEN FREE FUSILLI PASTA / brown rice, water

PLANT-BASED CHEESES

CASHEW CREAM (PIZZA BIANCO E FUNGHI) / yellow miso, coconut oil, cashews, lemon juice, nutritional yeast, sea salt

CASHEW CREAM CHEESE (SMOKED SALMON PIZZA) / raw cashews, almonds, apple cider vinegar, refined coconut oil, coconut milk, agar flakes, lemon juice, sea salt

PLANT-BASED PARMESAN / raw unsalted cashews, nutritional yeast, hemp seeds, fine sea salt, garlic powder

VEGAN RICOTTA / cashews, lemon juice, apple cider vinegar, nutritional yeast, garlic, organic onion & garlic powder, sea salt, olive oil, organic yellow onion, tofu

PLANT-BASED MOZZARELLA / organic soy milk, organic refined coconut oil, organic tapioca flour, organic apple cider vinegar, kappa carrageenan, salt

LASAGNA CASHEW ALMOND MOZZARELLA RICOTTA / cashews, almonds, tofu, agar agar, onion, garlic, salt, lemon juice, apple cider vinegar, nutritional yeast, onion & garlic powder, coconut milk, coconut oil

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