

## APPETIZERS

- GREEK SALAD**.....9.75/14.95  
Mixed greens, plant-based feta, cucumber, tomatoes, olives, red wine vinaigrette
- AVOCADO CASHEW CAESAR WITH PARMESAN**.....9.75/14.95  
Crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese
- ARANCINI**.....10.00  
Classic Italian rice balls stuffed with Earth Island mozzarella, peas, lightly fried & served with marinara sauce, *gluten free*

## PIZZA

WHOLE WHEAT MULTI GRAIN CRUST ADD \$2 | GLUTEN FREE CRUST ADD \$2.00  
PLEASE SEE OUR CORE MENU FOR ADDITIONAL PLANT-BASED TOPPINGS

- VEGAN SMOKED SALMON PIZZA**.....17.50  
Pizza bianco with olive oil, smoked carrot, cashew based cream cheese, capers, red onions & dill, *contains nuts*
- VEGAN PESTO PIZZA**.....17.00  
Super green pesto, cashew based cheddar cheese, roasted cauliflower, red onions, baby kale
- PIZZA VEGANO**.....17.00  
Tomato sauce, Earth Island mozzarella, tofu feta, mushrooms, baby kale, sun-dried tomatoes
- VEGAN GREEK PIZZA**.....17.00  
Tomato sauce, Earth Island mozzarella, tofu feta, black olives, spinach, red onions
- VEGAN SAUSAGE PIZZA**.....17.00  
Tomato sauce, Earth Island mozzarella, fennel sausage, roasted red peppers, basil
- VEGAN PEPPERONI PIZZA**.....17.00  
Tomato sauce, Earth Island mozzarella, pepperoni, onions, green pepper
- VEGAN PIZZA MELANZANE**.....17.00  
Tomato sauce, Earth Island mozzarella, eggplant, olives, tomatoes
- VEGAN PIZZA MARGHERITA**.....17.00  
Tomato sauce, Earth Island mozzarella, fresh basil

== OUR PIZZA DOUGH & TOMATO SAUCE ARE 100% VEGAN ==

## PASTA

SPELT RIGATONI ADD \$2 | RICE FLOUR FUSILLI PASTA ADD \$2.25

- RIGATONI BOLOGNESE**.....19.00  
Lentil & mushroom bolognese sauce
- SPAGHETTI**.....19.00  
With peas, sautéed spinach, plant-based parmesan in a sweet potato cream sauce, *contains nuts*
- AGNOLOTTI IN BUTTER SAUCE**.....19.00  
Agnolotti filled with our tofu, cashew based ricotta in a vegan butter sauce with vegetables, *contains nuts*
- ORECCHIETTE**.....18.00  
Cashew truffle cream sauce & sautéed spinach, *contains nuts*
- PLANT-POWERED CLASSIC LASAGNA**.....18.00  
Artisanal creamy cashew almond mozzarella, tofu ricotta & kale marinara sauce, *contains nuts*
- SPELT RIGATONI ALLA NORMA**.....17.00  
Eggplant, cherry tomatoes, chillies, garlic, red wine, tomato sauce

## BURGER

- “BEYOND BEEF” VEGETARIAN BURGER** *\*can be vegan*.....15.95  
A quarter pound, plant-based patty on a sesame brioche bun with avocado, lettuce, roasted red pepper aioli & caramelized onions served with sweet potato fries OR our Avocado Cashew Caesar Salad *additional toppings: white cheddar OR gorgonzola add 2.00 additional vegan topping: vegan cheddar (nut free) add 2.50*

## DESSERTS

- STRAWBERRY SORBET**.....6.50
- VEGAN CHOCOLATE BROWNIE WITH COCONUT WHIPPED CREAM**.....7.95  
Rich and decadent raw chocolate brownie topped with coconut whipped cream & berries, *contains nuts*
- ORANGE POLENTA CAKE**.....7.95  
Warm orange polenta cake made with almond flour, with coconut whipped cream, *contains nuts, gluten-free*
- HAZELNUT GELATO**.....6.50  
Made with Italian rice milk, *contains nuts*