

## APPETIZERS

- BRUSCHETTA POMODORO**.....7.50  
Calabrese bread toasted & topped with olive oil, garlic, tomatoes & basil
- AVOCADO CASHEW CAESAR WITH PARMESAN**.....9.75/14.95  
Crispy romaine with an avocado, cashew, lemon juice based dressing topped with our plant-based parmesan cheese
- ARANCINI**.....10.00  
Classic Italian rice balls stuffed with Earth Island mozzarella, peas, lightly fried & served with marinara sauce, *gluten free*

## PIZZA

WHOLE WHEAT MULTI GRAIN CRUST ADD \$2 | GLUTEN FREE CRUST ADD \$3.75  
PLEASE SEE OUR CORE MENU FOR ADDITIONAL PLANT-BASED TOPPINGS

- VEGAN SMOKED SALMON PIZZA**.....17.50  
Pizza bianco with olive oil, smoked carrot, cashew based cream cheese, capers, red onions & dill, *contains nuts*
- VEGAN PESTO PIZZA**.....17.00  
Super green pesto, cashew based cheddar cheese, roasted cauliflower, red onions, baby kale
- VEGAN SAUSAGE PIZZA**.....17.00  
Tomato sauce, Earth Island mozzarella, fennel sausage, roasted red peppers, basil
- VEGAN PEPPERONI PIZZA**.....17.00  
Tomato sauce, Earth Island mozzarella, pepperoni, onions, green pepper
- VEGAN PIZZA MELANZANE**.....17.00  
Tomato sauce, Earth Island mozzarella, eggplant, olives, tomatoes
- VEGAN PIZZA MARGHERITA**.....17.00  
Tomato sauce, Earth Island mozzarella, fresh basil

OUR PIZZA DOUGH AND TOMATO SAUCE ARE  
= 100% VEGAN =

## PASTA

SPELT RIGATONI ADD \$2 | RICE FLOUR FUSILLI PASTA ADD \$2.25

- RIGATONI BOLOGNESE**.....19.00  
Lentil & mushroom bolognese sauce
- AGNOLOTTI IN BUTTER SAUCE**.....19.00  
Agnolotti filled with our tofu, cashew based ricotta in a vegan butter sauce with vegetables, *contains nuts*
- SPAGHETTI**.....18.50  
Cashew truffle cream sauce, sautéed spinach, sun-dried tomatoes, *contains nuts*
- PLANT-POWERED CLASSIC LASAGNA**.....18.00  
Artisanal creamy cashew almond mozzarella, tofu ricotta & kale marinara sauce, *contains nuts*
- SPELT RIGATONI ALLA NORMA**.....17.00  
Eggplant, cherry tomatoes, chillies, garlic, red wine, tomato sauce

## BURGER

- "BEYOND BEEF" VEGAN BURGER**.....18.95  
A quarter pound, plant-based patty on a sesame bun with avocado, lettuce, roasted red pepper aioli & caramelized onions served with sweet potato fries OR our Avocado Cashew Caesar Salad *vegan cheddar (nut free) add 2.50*

## DESSERTS

- SEASONAL SORBET**.....6.50  
Ask your server
- RAW, VEGAN, ORGANIC & GLUTEN-FREE TIRAMISU CUP**.....6.95  
Almonds, pecans, cashews, coconut cream, dates, coffee, cocoa powder, coconut oil, vanilla  
*contains nuts / Soy, Processed Sugar & Preservative Free*
- RAW, VEGAN, ORGANIC & GLUTEN FREE DARK CHOCOLATE CUP**.....6.95  
Cocoa butter, coconut oil, cocoa powder, agave  
*contains nuts / Soy, Processed Sugar & Preservative Free*
- SEASONAL VEGAN CHEESECAKE CUP**.....6.95  
Ask your server, *contains nuts*