

ANTIPASTI

OLIVES

Warm mixed olives with garlic & chillies 7.95

CALAMARI FRITTI

Crispy fried calamari with lemon caper aioli & marinara sauce 14.25

MUSSELS

In a spicy tomato broth OR a white wine garlic broth 15.50

BEEF CARPACCIO

Thinly sliced beef served with grana padano cheese, truffle aioli & crostini 17.25

FRIED BOCCONCINI

Lightly fried baby mozzarella balls with house-made tomato red pepper jam 10.95

INSALATE

INSALATA MISTA

Mixed greens, tomatoes, cucumber with a balsamic vinaigrette 7.00 / 11.00

CAESAR SALAD

Crisp romaine, creamy caesar dressing, parmesan & croutons 8.50 / 13.95

INSALATA ROMA

Mixed greens, goat's cheese, toasted walnuts, sweet drop peppers, balsamic vinaigrette 9.25 / 14.25

MAINS

SALMON

Grilled Atlantic salmon, fingerling potatoes, seasonal vegetables & lemon caper aioli 23.95

LAMB SHANK

Braised New Zealand lamb shank with pan jus, seasonal vegetables, garlic mash potatoes 24.95

CHICKEN PARMIGIANA

Breaded chicken breast, tomato sauce, mozzarella & parmesan with linguini pomodoro 22.95

GARLIC BREAD WITH CHEESE

Toasted garlic bread with mozzarella 7.95

ARANCINI

Arborio rice balls filled with ricotta & spinach fried then finished with grated pecorino, served with marinara sauce 12.95

BRUSCHETTA

Calabrese bread toasted & topped with olive oil, garlic, tomatoes & basil 7.50 *with goat's cheese* 9.50

ANTIPASTO PLATE

Prosciutto, spicy salami, asiago, grana padano, warm olives, house-made tomato red pepper jam, crostini 19.95

FRESHLY SHUCKED OYSTERS

Six Maritime oysters with lemon, hot sauce, fresh horseradish & shallot mignonette 17.95

BEET SALAD

Beets, arugula, goat's cheese with a balsamic vinaigrette 8.50 / 13.95

*add: 6 oz. grilled N.Y. striploin 14.95 / bacon 2.50
6 oz. grilled chicken breast 6.95 / grilled salmon 11.95
anchovies 2.10 / shrimp (4) 4.15*

CHICKEN ASIAGO

Chicken breast stuffed with asiago, spinach & caramelized onions with garlic mash, seasonal vegetables & honey mustard cream sauce 24.25

MEATBALLS

Four house-made, wood-oven baked, beef & ricotta meatballs with tomato sauce, creamy mozzarella, garlic bread 18.25

PREMIUM PIZZA **not included in \$12 special*

FIG PIZZA

Mascarpone, prosciutto, figs, shaved parmigiana, honey, arugula 16.95

GORGONZOLA PIZZA

Gorgonzola, pears, caramelized onions, walnuts, arugula 16.95

SMOKED SALMON PIZZA

Smoked salmon, mozzarella, panna di cucina (mascarpone cream), arugula, capers, lemon 16.95

PESTO CHICKEN PIZZA **contains nuts*

Olive oil, pesto, mozzarella, cherry tomatoes, grilled chicken, pine nuts 16.95

15% gratuity charge added to groups of 8 or more / Please inform your server of any food allergies - there are nuts on the premises

PASTA

*substitute: gluten-free rice pasta add 2.25
OR spelt pasta (contains gluten) add 2.00*

SEAFOOD LINGUINI

Shrimp, bay scallops, mussels, calamari in tomato sauce 24.95

PENNE CAPRI

Grilled chicken, mushrooms, spinach, olive oil, cherry tomatoes, white wine, garlic, parmesan 18.95

LASAGNA

Layered with bolognese sauce, mozzarella, béchamel, tomato sauce 17.95

CHEESE CANNELLONI

Ricotta & spinach filled cannelloni, mushrooms, cream, tomato sauce, parmesan, mozzarella 17.95

PAPPARDELLE WITH ITALIAN SAUSAGE

Broad noodle pasta with crumbled Italian sausage, cherry tomatoes, caramelized onions, olive oil garlic sauce finished with grana padano & arugula 18.95

PAPPARDELLE STEFANO

Broad noodle pasta with slowly braised short ribs in tomato sauce 24.95

SPAGHETTI & TOMATO SAUCE

Our house made tomato sauce, fresh basil 15.95

SPICY PENNE

Spicy tomato sauce, garlic, chillies 15.95

PIZZA

*our dough is made with 00 flour *contains no dairy*

We now offer a whole wheat multi grain dough for an additional \$2

PIZZA CARNE

Tomato sauce, mozzarella, bacon, sausage, pepperoni, green pepper 15.95

PROSCIUTTO & ARUGULA PIZZA

Tomato sauce, mozzarella, prosciutto, grana padano, dressed arugula 15.95

PIZZA DIAVOLA

Tomato sauce, mozzarella, spicy salami, basil, chillies, black olives 15.95

MARGHERITA PIZZA

Tomato sauce, fresh mozzarella, fresh basil 14.95

MUSHROOM PIZZA

Extra virgin olive oil, wild mushrooms, fresh mozzarella, arugula 15.25

BACON PIZZA

Tomato sauce, mozzarella, bacon, onions, mushrooms 15.25

PEPPERONI PIZZA

Tomato sauce, mozzarella, pepperoni 15.25

*add: prosciutto 3.25 / Italian sausage 3.25 / spicy salami 3.25 / mushrooms 2.15 / chicken 4.25 / bacon 3.25 / pineapple 2.15 / onions 2.15 / green peppers 2.15 / roasted red peppers 2.75 / olives 2.15 / broccoli 2.15 / sun-dried tomatoes 2.75 / Italian ham 3.25
substitute: gluten-free crust 3.75 / fior di latte 2.25 / goat's cheese 4.25 / Earth Island plant based mozzarella alternative 2.00*

GNOCCHI ASIAGO

House made gnocchi with asiago cream sauce, spinach & crispy shallots 18.95

SPAGHETTI & MEATBALLS

House made beef & ricotta meatballs, tomato sauce 17.95

FETTUCCINE ALFREDO

White wine, cream & butter sauce, parmesan, fresh chives 17.25

RIGATONI BOLOGNESE

Tomato, beef & prosciutto bolognese sauce 18.95

LINGUINI POLLO PESTO **contains nuts*

Grilled chicken, pesto, cream, cherry tomatoes 18.95

RIGATONI FUNGHI

Wild mushrooms, parmesan, cream sauce 17.95

PENNE ALLA VODKA

Vodka, tomato-cream sauce with cherry tomatoes & fresh chives 16.95

BUTTERNUT SQUASH RAVIOLI

Ricotta & squash filled ravioli in a parmesan, squash cream sauce, wilted spinach, crispy sage 17.95

*add: crumbled sausage 4.15 / shrimp (4) 4.15
chicken 4.15 / meatballs 6.95 substitute: cream sauce 2.00*

\$12

PIZZAS

MONDAY - THURSDAY
AFTER 4 PM

ALL PIZZAS on the regular menu

alternative crusts, additional toppings extra / some exceptions apply
dine-in only / not valid on civic or statutory holidays, Valentine's Day, Family Day

VEGAN SAUSAGE PIZZA

Tomato sauce, vegan pinto bean sausage, Earth Island mozzarella, roasted red peppers & basil 17.00

HAWAIIAN PIZZA

Tomato sauce, mozzarella, pineapple, Italian ham 15.25

CHEESE PIZZA

Tomato sauce, mozzarella 11.95

SAUSAGE PIZZA

Tomato sauce, mozzarella, crumbled Italian sausage, caramelized onions, mushrooms 15.95

BBQ CHICKEN PIZZA

Tomato sauce, mozzarella, slow roasted chicken, chipotle BBQ sauce, roasted red peppers, charred red onions 15.95

VEGETARIAN PIZZA

Tomato sauce, mozzarella, red onion, black olives, sundried tomatoes, spinach 15.25

LUNCH

Friday to Sunday

DRINK FEATURES

MIMOSA

Orange juice & prosecco 6.00

BRUNCH

Served until 2:30

OMELETTE

Two organic eggs with your choice of mushrooms & fontina OR bacon & cheddar. Served with your choice of roasted fingerling potatoes OR insalata mista 13.00

FRENCH TOAST

Served with homemade blueberry coulis & hazelnut gelato 13.00

MINI PIZZAS

Mini pizzas are served with an insalata mista. Substitute a beet salad or caesar salad for \$1

MINI PIZZA CARNE

Tomato sauce, mozzarella, bacon, sausage, pepperoni, green peppers 14.00

MINI VEGETARIAN PIZZA

Tomato sauce, mozzarella, red onions, black olives, sundried tomatoes, spinach 14.00

MINI VEGAN SAUSAGE PIZZA

Tomato sauce, vegan pinto bean sausage, Earth Island mozzarella, roasted red peppers & basil 15.00

ADDITIONS

LUNCH SOUP & SALAD COMBO

Our soup of the day served with your choice of mista, caesar OR beet salad (accompanied by two slices of garlic bread with cheese) 14.00

CHICKEN PARMIGIANA SANDWICH

Breaded cutlet with roasted peppers & caramelized onions on a ciabatta bun served with fingerling potatoes 15.00

SMOKED SALMON FETTUCCINE

Vodka cream sauce, Atlantic smoked salmon, snow peas, dill 17.95

BACON BLOODY CAESAR

Our twist on the classic caesar with lemon flavoured vodka & maple soaked bacon 8.00

BAKED EGGS

Two organic eggs baked with sausage, caramelized onions, spinach & tomato served with your choice of roasted fingerling potatoes OR insalata mista 13.50

sides: bacon 3 / avocado 3 / toast 1.50 / fingerling potatoes 3

MINI BBQ CHICKEN PIZZA

Tomato sauce, mozzarella, slow roasted chicken, chipotle BBQ sauce, roasted red peppers, charred red onions 14.00

MINI MARGHERITA PIZZA

The classic pizza from Naples with tomato sauce, fresh mozzarella & basil 13.00

BAKED PENNE ROSÉ

Baked penne in a rosé sauce with sautéed spinach & parmesan 15.00

add: chicken 4.15 / Italian sausage 4.15 / shrimp (4) 4.15

"BEYOND MEAT" VEGAN BURGER

A quarter pound, plant-based patty on a sesame bun with avocado, lettuce, roasted red pepper aioli & caramelized onions served with sweet potato fries OR our Avocado Cashew Caesar Salad 15.95

add: vegan cheddar (nut free) 2.50

vegan sausage ingredients: organic pinto, white or kidney beans, tamari, vital wheat gluten, nutritional yeast, paprika, fennel, red pepper flakes, thyme, oregano, sage, basil, parsley, onion powder, brown sugar **"beyond beef" ingredients:** water, pea protein isolate, expeller-pressed canola oil, refined coconut oil, contains 2% or less of the following: cellulose from bamboo, methylcellulose, potato starch, natural flavor, maltodextrin, yeast extract, salt, sunflower oil, vegetable glycerin, dried yeast, gum arabic, citrus extract (to protect quality), ascorbic acid (to maintain color), beet juice extract (for color), acetic acid, succinic acid, modified food starch, annatto (for color)

↓ DINING