

JUICE

Fresh orange juice / blood orange juice 6.00

COCKTAILS 9.00 (2oz)

BELLINI Peach nectar, prosecco	MARTINI CREMISINO Vodka, Cointreau, blood orange juice 12.00
MIMOSA Orange juice, prosecco	BLOODY CAESAR 7.00 DOUBLE 10.00
FIORI di SAMBUCCO Vodka, pear nectar, fresh lime juice, St-Germain elderflower liqueur	PLANT BASED BLOODY CAESAR 9.00 Vodka, V8 Cocktail juice, olive juice, tabasco, finished with olives & celery heart
	VIRGIN 4.00

EGGS *Until 2:30 pm / served with fingerling potatoes or Insalata Mista*

OMELETTE

Two organic eggs with mushrooms & fontina 13.00

EGGS SALMONE

Two poached organic eggs with hollandaise & smoked salmon on grilled sourdough bread 15.00

EGGS BENEDICT

Two poached organic eggs with hollandaise & peameal bacon on grilled sourdough bread 14.00

EGGS AVOCADO

Two poached organic eggs with hollandaise & avocado on grilled sourdough bread 14.00

PLANT BASED "EGGS"

EGGS VENNY

English muffin, tofu, pinto bean breakfast sausage, baby spinach, smoked paprika black salt, finished with Mornay sauce 16.00

TOFU SCRAMBLE

With sausage, avocado & toast 15.00

SIDES

buttered multigrain toast 2.00 / mista salad 3.00
avocado 2.50 / peameal bacon 3.00 / bacon 3.00

APPETIZER

GREEK SALAD

Mixed greens, feta, cucumber, tomatoes, olives, red onions, red wine vinaigrette 9.75
vegan version with tofu feta available
add chicken 6.55 / add salmon 10.95

MAINS

BEEF & MUSHROOM STEW

With carrots, celery, onions, herbs, mustard, on mashed potatoes 14.00

SOUP & SALAD

Tuscan kale, cannellini bean & vegetable soup served with an olive oil crostini & insalata mista 12.00

LUNCH PASTA

Please ask your server 12.00

"SOL CUISINE" VEGETARIAN BURGER

A quarter pound, plant-based patty on a sesame Brioche bun with avocado, lettuce, roasted red pepper aioli & caramelized onions served with sweet potato fries or our Avocado Cashew Caesar Salad 15.95
additional toppings: white cheddar OR gorgonzola add 2.00

MAKE IT A VEGAN BURGER

We offer a vegan bun to make your burger 100% vegan
additional toppings: vegan cheddar add 2.50

MINI PIZZAS *Served with Insalata Mista / Substitute Avocado Cashew Caesar add 2.00*

MINI PIZZA DIAVOLA

Tomato sauce, fresh mozzarella, spicy salami, basil, black olives 14.00

MINI MARGHERITA PIZZA

The classic pizza from Naples with tomato sauce, fresh mozzarella & basil 13.00

MINI VEGAN SAUSAGE PIZZA

Tomato sauce, Earth Island mozzarella, fennel sausage, roasted red peppers, basil 16.00

MINI VEGAN PESTO PIZZA

Super green pesto, cashew based cheddar cheese, cauliflower, red onions, baby kale 15.00 **may contain a trace of peanuts*

substitute Earth Island non dairy cheese add 2.00 / gluten-free vegan pizza dough add 2.00

VEGAN INGREDIENTS: PLANT-BASED PARMESAN / Raw Unsalted Cashews, Nutritional Yeast, Hemp Seeds, Fine Sea Salt, Garlic Powder // "SOL CUISINE" BURGER / Filtered Water, Soy Protein Concentrate, Expeller Pressed Sunflower Oil, Dried Onion, Modified Vegetable Gum, Dried Tomato, Sea Salt, Dried Garlic, Spices, Organic Lemon Juice Concentrate, Caramel Color // EARTH ISLAND CHEDDAR SLICES / Filtered Water, Coconut Oil, Modified Food Starch, Potato Starch, Sea Salt, Natural Flavor (Plant Sources), Olive Extract, Paprika Extract and Beta Carotene for Color // VEGENAISE / Organic Expeller-Pressed Soybean Oil, Filtered Water, Organic Brown Rice Syrup, Organic Apple Cider Vinegar, Sea Salt, Organic Soy Protein, Organic Mustard Flour, Organic Lemon Juice Concentrate // VEGAN GLUTEN FREE PIZZA DOUGH / sweet rice flour, potato starch, tapioca starch, potato flour, unsweetened apple juice, evaporated cane juice, baking powder, sea salt, active dry yeast, xanthan gum // SAUSAGE / organic pinto beans, tamar, vital wheat gluten, nutritional yeast, paprika, fennel, red pepper flakes, thyme, oregano, sage, basil, parsley, onion powder, sugar // SEED BASED PESTO / kale, parsley, cilantro, pumpkin seeds, cayenne, cumin, garlic // MORNAY SAUCE (CHEESE SAUCE) / Olive oil, mustard, nutritional yeast, Ripple milk, apple cider vinegar, turmeric, flour / Breakfast Sausage: Pinto beans, veg stock, fennel, pepper, liquid smoke, garlic powder, chili flakes, nutritional yeast, brown sugar, cumin, vital wheat gluten